



TO THE YOUNG MEN:

Use these resources as a discussion guide with your parents. Review the questions and document your answers. Use your answers and reference them on a regular basis to remind yourself of the messages Fr. Chris shared in the program and how you connect with these messages.

TO THE PARENTS:

Establish a goal of what you hope to accomplish when reviewing this program with your young man. Understand what you have to do to accomplish your goal and work hard to get there.

1. REVIEW: FIND OUT WHO YOU'RE SUPPOSED TO BE AND DEFINE YOUR MISSION IN LIFE

2. LEARN ABOUT YOURSELF

- a. Who do you think you're supposed to be?

- b. Who do others think you're supposed to be?

- c. What pressures do you feel this week?

- d. Have you ever trusted your gut when making a decision to take action? If so, when?

- e. What happens when you make a mistake?

- f. Why are people haters and naysayers? Have you encountered haters and naysayers?

- g. What do average people do to those trying to be great?



h. What might letting go of the unrealistic expectations of others look like?

i. What is your mission in life? Write it down.

3. REFLECT ON WHAT YOU'VE LEARNED ABOUT YOURSELF

a. When you compare your answers to the question of who do you think you're supposed to be and who do others think you should be, are the answers the same or different?

b. Who is the REAL you? Are you afraid to show the REAL you to the world?

c. Looking back on the time when you've trusted your gut in making a decision, how did the situation turn out? Was it a positive or negative outcome? What contributed to the positive or negative outcome?

d. How is your gut telling you to react to the pressures you felt this week?

e. How can you stay standing when others try and knock you down?

f. How have you made your mission real? What steps have you taken?

g. Does your mission support you and keep you standing?



4. CALL TO ACTION

- a. How can you make your mission bigger? List three ways.

- b. Draft a plan for accomplishing your mission. Include these components:
 - i. State your mission

 - ii. Why is your mission important?

 - iii. How will you share your mission with others and gain supporters?

 - iv. What do you need to accomplish your mission?

 - v. How will this mission help you change the world?

 - vi. How will you know when you've accomplished your mission?

 - vii. Document your progress and celebrate your success.

 - viii. How will you grow and evolve this mission?

